

March – 2016



MEETINGS

1. Tuesday, January 19, 2016

At our annual member's night CFN travelers shared photos of their 2015 trips - Fernando & Paulina on Chile; Janne, Prairie Parks; Scott, Point Reyes National Seashore, California and Denis, Camargue, the UNESCO designated biosphere reserve in France. Two bottles of BC Wine, an African photograph by the Reesors plus seeds & suet were the only annual auction items albeit we netted \$60!

2. Tuesday, February 16, 2016

Katie Marshall, UBC postdoctoral fellow, spoke on Cryobiology, the study of freezing. The how



and why of survival involves freeze-free fat, antifreeze proteins, ice nucleation & polyols sugars. Videos on wood frogs -frozen rock-hard-awakening and super-cooled bottles of beer

instantly freezing wowed us!

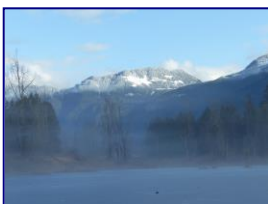
FIELD TRIPS

1. Hope River Annual Walk – Sat. Jan, 9, 2016

Two very young naturalists – Eddie and Tyson - and their mom joined us at the Callicarpa after 8-CFN members had cut blackberries at the Camp River Property. Post brunch, the walk yielded 22-species of birds beautifully photographed by Paulina.



2. Cheam Wetlands Trip– Sun. Jan. 24, 2016



Ten members arrived to a beautiful, mystic wetland covered by a light fog.

Common Mergansers, Trumpeter Swans & Canada Geese were on the water; along the trail, a Pileated Woodpecker, Red-winged Blackbirds, Black-capped Chickadees, Bushtits and overhead, a Bald Eagle

- Submitted by Janet Pollock

3. Camp River Trip – Sat. Feb. 6, 2016

Six members spent an hour blackberry cutting on a mild morning before our steward, Denis Knopp, led a walk-about of the property. He began by sharing the history of acquiring it as a wildlife area for Nature Trust. Not an easy task. Pussy Willows bloomed, songbirds chirped and a red-tailed hawk circled - [22-species of birds](#) observed in all.

4. Harrison Lake Walk– Sun. Feb. 14, 2016

Despite a torrential downpour, 7-field trippers enjoyed lunch at a local cafe and a walk around the lagoon and along the hot springs source trail. Some early birds had breakfast out as well. Many past observations were shared including stories of river otters, mink, rubber boas, alligator lizards, dippers and nude bathers. Sadly we noticed the shoreline was littered with Styrofoam - likely from docks ravaged by winter storms.



THIS 'n THAT

1. Janne has stepped down as [field trip](#) coordinator but can continue to edit the Heron Herald and act as webmaster. If you would like to take over any of these positions let us know.

2, AGM March 15th - election of officers & [Botanie Valley](#) talk not to be missed. Order from the menu at the [Rendezvous](#).

3. On April 19th the [Val Whetter Memorial Speaker](#) series features Susan M. Eaton, one of the Royal Canadian Geographical Society's top 100 Canadian explorers. She speaks on the [Northwest Passage Snorkel Relay](#)

4. The [yearly overview for 2016-17](#) is posted on our website.

Editor: [Janne Perrin](#)

